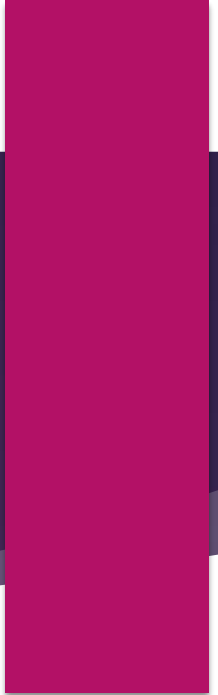


ANESTHESIOLOGY & PAIN MEDICINE EDI BRIEF JULY 2025

BIPOC MENTAL HEALTH AWARENESS MONTH



Congratulations to [Dr. Marie Angèle Theárd](#) for being appointed the new Vice Chair of Equity, Diversity, & Inclusion! She launched the LEAD UP Program (Leadership Education to Advance Diversity in Underrepresented Populations) at UW and has also served as the Neuroanesthesia Fellowship Director. Outside of the department Dr. Theárd serves as the Vice-President of Education and Scientific Affairs in the Society for Neuroscience in Anesthesiology and Critical Care (SNACC) and an Executive Leadership in Academic Medicine (ELAM) Fellow. Her clinical background in neuroanesthesiology and her experience managing anesthesia for awake craniotomies have shaped her belief in the power of interpersonal connection, even in the most vulnerable moments. Dr. Theárd looks forward to the day that “patient care is more equitable, research is more inclusive, and medical education is more effective for everyone, including those who are underrepresented in medicine.” She is excited about working with our Equity, Diversity, and Inclusion Council, our divisions, and our department to build a community that engenders belonging.

This year’s theme for BIPOC Mental Health Awareness Month is “**Turn Awareness into Action.**” Having the awareness to support someone in their time of need can create a ripple effect and benefit more than just one person. This is a reminder that we all struggle at times, and it is okay to ask for help when you need it.

We would like to take some time to acknowledge the additional stress that current events are having on our department and within the community at large. Dr. Angèle Theárd, the EDI Council, and the Department of Anesthesiology & Pain Medicine affirm our commitment to fostering an inclusive and supportive community for our patients, learners, providers, and staff.

- Learn more:
- Explore BIPOC Mental Health Awareness resources from [Mental Health America](#), [the Mental Health & Recovery Services Board](#), and [Crisis Text Hotline](#) for additional support services.

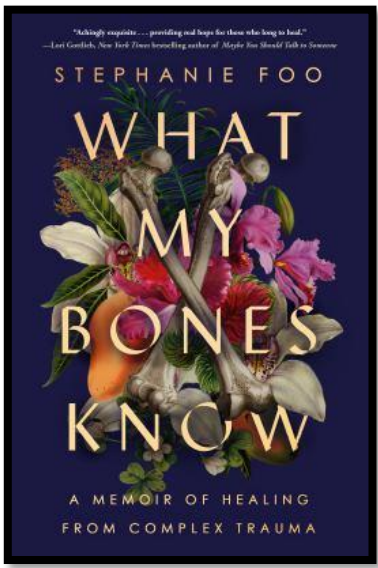
Department Highlights

- July 30 Grand Rounds:**
- Drs. Jonah Tischler and Dalha Daher will present “**UW-GAIN: Global Partnerships, Resident Rotation, and POCUS Education**” on July 30.

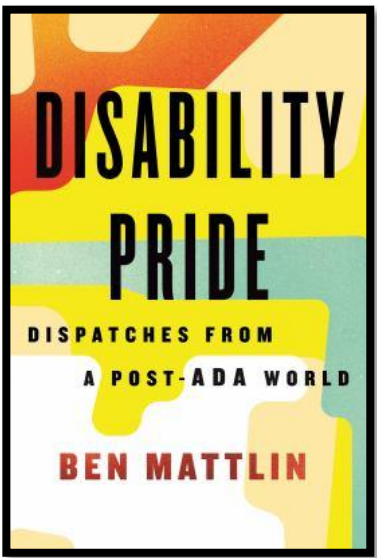
- Retirement**
- We would like to give a warm farewell to Shawn Mincer who has been a Research Coordinator in APM for almost 14 years. Thank you for all your hard work in helping to move innovative research projects forward in our department. You will be missed!

Resources

Recommended Reading:



[What My Bones Know](#),
Stephanie Foo



[Disability Pride](#), Ben
Mattlin

Visit [The Whole U](#) for events happening in the community and at UW:

- July 22 (12-1pm): [Thai Chi in Harborview Park](#)
- July 23 (12-1pm): [Wetlands Walking Tour at UW Bothell](#)