

ANESTHESIOLOGY & PAIN MEDICINE EDI BRIEF MAY 2025

AANHPI HERITAGE MONTH

A Legacy of Leadership and Resilience

We celebrate the contribution of Asian, Native Hawaiian, and Pacific Islander communities in the U.S.

Our department has transformative leaders such as Dr. Bernard Canlas, who has served veterans at VA Puget Sound -American Lake Division for almost a decade. Dr. Canlas is native of the Philippines, and the inaugural medical director of the American Lake Division CARF-certified [VISN20](#) Outpatient Functional Restoration Pain Program: an 8-week outpatient program that uses a multi-disciplinary approach to reinforce self-management of chronic pain. The program aims to increase quality of life for veterans experiencing pain through reactivation, self-management strategies, healthy coping skills, and neuroplasticity in relation to pain.

Dr. Canlas keeps a strong partnership with the Pain Society of the Philippines and supports continued learning opportunities that include the Interventional Pain Workshops and the creation of the Interventional Pain Workgroup. As the PI for an NIH funded study focused on treating veterans with pain and opioid use disorder, Dr. Canlas exemplifies dedication to providing interventional pain medicine care worldwide.

Review Dr. Canlas's research articles:

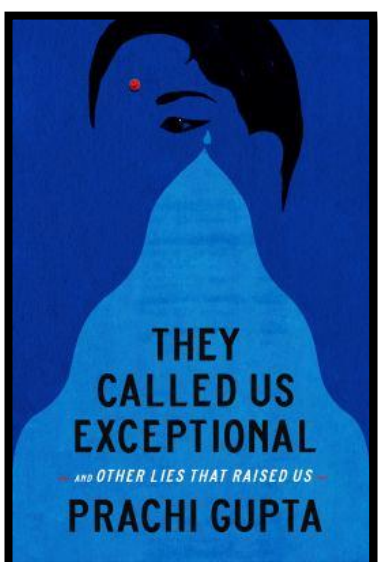
- Canlas, B. R., Dawson, T. C., Hollrah, L. N., McGranaghan, P., Hedt, S., & Rinehart, K. J. (2017). Restoring Function in Veterans With Complex Chronic Pain. *Federal practitioner : for the health care professionals of the VA, DoD, and PHS*, 34(10), 42–47. <https://pubmed.ncbi.nlm.nih.gov/30766238/>
- Canlas, B. R., Yap, A. N., Fernando, B. Y., & Paiso, J. M. (2009). Spinal cord stimulation for control of low back pain after multiple corrective surgeries for severe scoliosis: report of a case. *Pain practice : the official journal of World Institute of Pain*, 9(5), 404–405. <https://doi.org/10.1111/j.1533-2500.2009.00300.x>
- Vowles, K. E., Witkiewitz, K., Clarke, E., Schmidt, Z., Borsari, B., Edwards, K. E., Korecki, J. R., Moniz-Lewis, D. I., Bondzie, J. A., Mullins, C., Thoreson, C. I., Delacruz, J., Wilkins, C. H., Nelson, S., Delventura, J., Henderson, R., Katz, A., Hua, W., Watson, E., Baxley, C., ... Batki, S. (2023). Rationale and design of a multisite randomized clinical trial examining an integrated behavioral treatment for veterans with co-occurring chronic pain and opioid use disorder: The pain and opioids integrated treatment in veterans (POSITIVE) trial. *Contemporary clinical trials*, 126, 107096. <https://doi.org/10.1016/j.cct.2023.107096>

Department Highlights

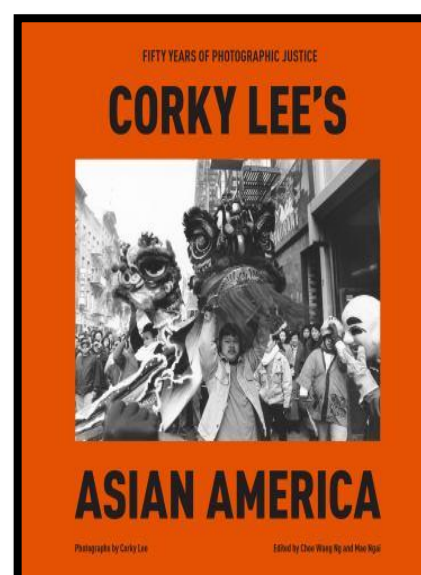
- **APM Research Seminar:** May 20, 3:00-4:00pm
- **APM Spring Staff Meeting:** May 21, 10:00-11:00am

Resources

Recommended Reading:



[*They Called Us Exceptional and Other Lies that Raised Us*](#),
Prachi Gupta



[*Corky Lee's Asian America*](#), Corky Lee

Visit [The Whole U](#) for events happening in the community and at UW:

- May 31: [Pagdiriwang Philippine Festival](#) at the Seattle Center