# **ANESTHESIOLOGY & PAIN MEDICINE EDI BRIEF March 2025**

## **Women's History Month**

This year's theme for Women's History Month is Moving forward together! Women educating and inspiring generations.

Over the last decade, the number of women in academic anesthesiology has increased with approximately 36% of academic anesthesiologists being women, but major gender disparities continue to exist in leadership roles. Although women comprise 32.6% of leadership roles in anesthesia societies, this is a significant difference from women in the workplace. Only 8% of women in academic anesthesiology are full professors and only 15% of anesthesiology department chairs are women (Bissing et al. A&A 2019).

Early career mentorship and sponsorship initiatives can bridge the gap (Basile et al., A&A 2023) and create opportunities in the workplace and anesthesia societies (Harbell et al., 2023). This summer, the AAMC is hosting an **Early Career Women Faculty Leadership Development Seminar** to provide women with foundational knowledge and skills that will enable them to thrive as leaders in academic medicine.

Applications are open, and we encourage eligible faculty to attend.

## **Department Highlights**

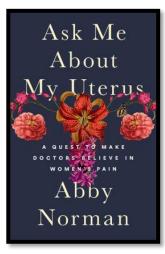
UW-Shoreline Simulation Session, March 21: We will be hosting the Shoreline • Postbaccalaureate mentees at the WISH Lab on March 21 from 11-3pm. If you are interested in volunteering, contact Jaelen Barnett at jb82@uw.edu.

Save the Date: Vice Chair, EDI Candidate Townhalls will be April 14 and 15.

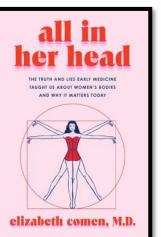
#### Resources

- Please review our resources for this month: National Women's History Alliance, National Women's History Museum, Women Who Shape Seattle, History and Women's History Month
- Learn about the major impact women have had on anesthesiology in the US and worldwide: •
  - **American Society of Anesthesiologists**
  - **World Federation of Societies of Anesthesiologists** •

### **Recommended Reading:**



Ask Me About My Uterus: A Quest to Make Doctors Believe in Women's Pain, by Abby Norman, speaks of the life-threatening health concerns that can occur when doctors do not listen to women articulating the pain they feel.



All In Her Head: The Truths and Lies Early Medicine Taught Us About *Women's Bodies and Why It Matters Today, by Dr. Elizabeth Comen prioritizes* the voices and experiences of women to provide a more wholistic understanding of women's bodies. She examines the eleven organ systems and re-works historical truths by including women patient and physicians' thoughts and expertise about their own bodies.