

ANESTHESIOLOGY & PAIN MEDICINE

EDI BRIEF

NOVEMBER 2024

National American Indian Heritage Month

In 1990, President George H. W. Bush passed a bill that designated November as Native American Heritage Month. This year's theme, **Reclaiming Native Truth** is a call to amplify Native opportunity and access to justice while promoting health and self-determination. It also gives us a chance to learn more about the Coast Salish people of this land, and all tribes and bands within the Suquamish, Tulalip, and Muckleshoot nations. [Smithsonian Native American Heritage Month](#) and [Seattle's Indigenous Roots](#)

International Day for Tolerance

In 1995, the United Nations Educational Scientific and Cultural Organizations (UNESCO) established the International Day for Tolerance and non-violence, which is observed on November 16 of each year. This year's theme, **Prospering from Pluralism: Embracing Diversity through Innovation and Collaboration** asks us to lean into our different perspectives to develop more robust and impactful solutions as a collective. [United Nations Academic Impact](#) and [UNESCO](#)

Transgender Day of Remembrance

In 1999, Transgender Day of Remembrance (TDOR) was established to commemorate transgender men and women who lost their lives due to senseless violence. This year's theme, **Grieving the Past to Protect the Future** symbolizes the ongoing struggle that marginalized communities face and highlights the endurance it takes to overcome adversity while advocating for long-term change.

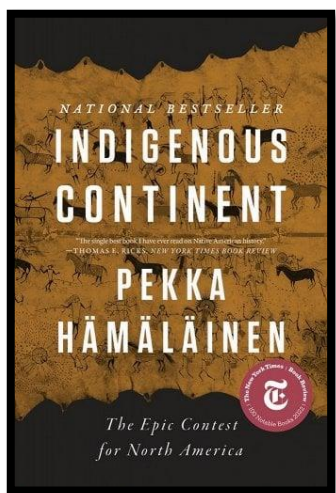
This November, let us reflect on difficult truths connected to the past, embrace diversity, and hold tight to values that will make the future a better place for us all. [LGBTQ Institute](#), [UW Transgender and Non-Binary Care](#), and [Gender Affirming Care at Seattle Children's](#)

Department Highlights

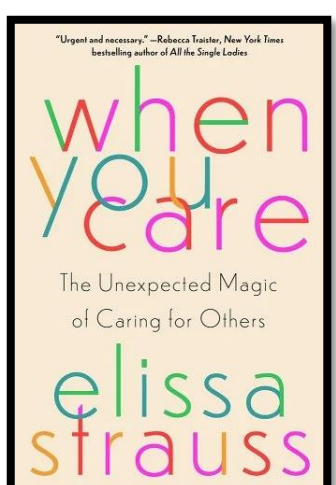
- We would like to send out a huge thank you to all the facilitators and those who participated in the staff microaggression workshop training!
- Don't forget to mark your calendars for the APM Holiday Party on December 18 at the [Burke Museum](#) that hosts a large collection of Northwest Native Art.

Resources

Recommended Reading:



[Indigenous Continent: The Epic Contest for North America](#), by Dr. Pekka Hämäläinen examines tumultuous battles that took place across North America with accounts of victory and dominance from Native American empires well into the 19th century. Dr. Hämäläinen is a Rhodes Professor of American History at Oxford University.



[When You Care: The Unexpected Magic of Caring for Others](#), by Elissa Strauss interrogates our societal obsession to be independent and challenges people to be transformed by the art of caregiving. With insights from caregivers of the young, old, disabled, and ill, Strauss draws on the interconnected nature that binds us together and helps us all to grow.