

ANESTHESIOLOGY & PAIN MEDICINE EDI BRIEF AUGUST 2024

INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES

International Day of the World's Indigenous Peoples August 9, 2024

In resolution 49/214, the United Nations General Assembly decided that International Day of the World's Indigenous Peoples shall be observed on the 9 of August every year. This date commemorates the first meeting in 1982, and the founding of the UN Working Group on Indigenous Populations.

This year's theme is: Protecting the rights of Indigenous Peoples in Voluntary Isolation and Initial Contact.

Like the social determinants of health, cultural determinants of health (family, community, country, and cultural identity) have been positively associated with improved health and wellbeing outcomes within Indigenous communities (Verbunt, et al. 2021).

Certain practices in global health do not lead to equity for Indigenous communities when their concepts of healthcare are devalued by non-Indigenous healthcare professionals and systems. Although different, we must acknowledge how cultural traditions have been used so we can cultivate new pathways of providing healthcare on a global scale. (Ranchod and Guimaraes, 2021).

Check out the following resources for more information about this month's theme:

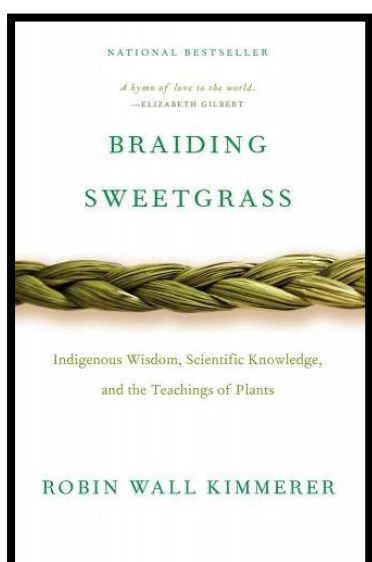
- [Global Plan of Action for the Health of Indigenous Peoples](#)
- [International Day of the World's Indigenous Peoples](#)
- [Burke Museum](#)

Department Highlights

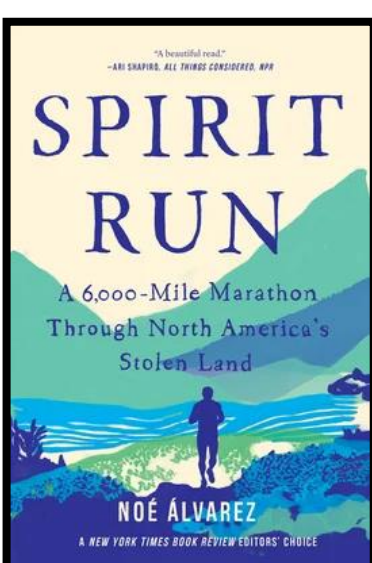
- Last week at Grand Rounds, Dr. Nathalia Jimenez presented our findings on the APM EDI Assessment and Road Map. If you would like to learn more about what we have done and where the department is going, please visit our internal website to access the report (net-ID required). [Administration Resources – Anesthesiology & Pain Medicine Intranet \(uw.edu\)](#)
- In August, we launched the UW Anesthesiology & Pain Medicine Shoreline Postbaccalaureate Mentorship Program. Our 21 mentors, including 5 from other SOM departments, will meet with 25 mentees over the next year. We are excited about this collaboration and look forward to supporting the next generation of healthcare professionals.

Resources

Recommended Reading:



[**Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants**](#), by Robin Wall Kimmerer highlights the need for ecological consciousness and the reciprocal connection between human beings and nature. Dr. Kimmerer is a botanist, indigenous scientist, and a member of the Citizen Potawatomi Nation.



[**Spirit Run: A 6,000 Mile Marathon Through North America's Stolen Land**](#), by Noé Alvarez tells the story of a boy from Yakima who became a first-generation college student. But when he discovered a Native American/First Nations movement called the Peace and Dignity Journeys, he dropped out of college and embarked on a four-month-long marathon from Canada to Guatemala.