

ANESTHESIOLOGY & PAIN MEDICINE EDI BRIEF APRIL 2024

CELEBRATE DIVERSITY MONTH

Celebrating the diversity of religious beliefs

The US Census Bureau's [Household Pulse Survey](#) reported that 63% of Washingtonians do not participate in faith-based activities, and the [Washington Examiner](#) highlighted Seattle as the fifth least religious major city in the United States. Even still, there is a vast representation of religious beliefs in our department and throughout Seattle. In the APM EDI Assessment, 43% of respondents identified as religious. Unfortunately, 40% of all respondents felt there was a negative climate for religious people.

This month's theme, "Celebrate Diversity," embodies the art of recognizing individual differences to purposefully develop group strengths. It is a gentle reminder that regardless of our customs and beliefs, everyone seeks to have a strong sense of well-being. This month please try to support a colleague celebrating holidays in—but not limited to—Buddhist, Catholic, Christian, Jewish, and Muslim faiths. Visit the [NIH Diversity Calendar](#) to learn more about celebrations in April.

Learn more:

- Explore the [National Library of Medicine](#) and learn about medical areas of focus and public health needs from [Buddhist](#), [Catholic](#), [Jewish](#), and [Muslim](#) practitioners.

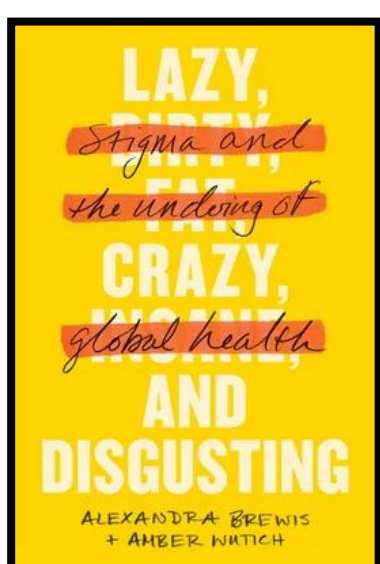
Highlighting diversity in our department

Cultural humility is a process of self-reflection and engagement with colleagues, patients, and learners with the intention to honor their beliefs, cultural practices, and values. This month, we want to celebrate the diversity we embody within the Department of Anesthesiology & Pain Medicine, as well as efforts to improve cultural humility in healthcare. **Thank you to everyone working together to train and support culturally aware practitioners!**

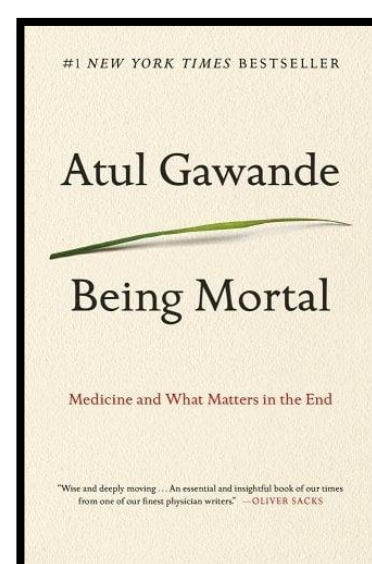
- Lele AV, Brooks A, Miyagawa LA, Tesfalem A, Lundgren K, Cano RE, Ferro-Gonzalez N, Wongelemegist Y, Abdullahi A, Christianson JT, Huong JS, Nash PL, Wang WY, Fong CT, Theard MA, Wahlster S, Jannotta GE, Vavilala MS. [Caseworker Cultural Mediator Involvement in Neurocritical Care for Patients and Families With Non-English Language Preference: A Quality Improvement Project](#). *Cureus*. 2023 Apr 17;15(4):e37687. doi: 10.7759/cureus.37687
- Lele, A. V., Bhananker, A. S., Fong, C. T., Imholt, C., Walters, A., Robinson, E. F., & Souter, M. J. (2024). Clinical Experience With a Dedicated Neurocritical Care Quality Improvement Program in an Academic Medical Center. *Cureus*, 16(1), e52730. <https://doi.org/10.7759/cureus.52730>. [Clinical Experience With a Dedicated Neurocritical Care Quality Improvement Program in an Academic Medical Center - PubMed \(nih.gov\)](#)

Resources

Recommended Reading:



[Lazy, Crazy, and Disgusting: Stigma and the Undoing of Global Health](#), Alexandra Brewis and Amber Wutich



[Being Mortal: Medicine and What Matters in the End](#), Atul Gawande

Visit [The Whole U](#) for events happening in the community and at UW:

- April 24 (8am): [Wellness Symposium](#) at the Husky Union Building (North Ballroom)
- April 25 (10am): [Community in Disability](#) event at the Husky Union Building (HUB-250)