

# Anesthesiology & Pain Medicine November EDI Brief

## Native American Heritage Month

### FACTS

**American Indians/Alaska Natives (AI/AN)** have long experienced lower health status when compared with other Americans. Their life expectancy is **5.5** years less than the U.S. all-races population. Pain symptoms and painful conditions are highly prevalent in the American Indian/Alaska Native population—**which is often under-treated due to provider bias.**

The [UW Indian Health Pathway \(IHP\) Certificate Program](#) enhances opportunities for Native and non-Native medical students to learn how to integrate AI/AN communities' **cultural, spiritual and traditional needs** in healthcare settings.

### INTERVENTION

To improve access to healthcare and education, clinicians should participate in health programs **such as IHP**, that are led by AI/AN communities. In a clinical setting, providers must be aware of **implicit bias** when **diagnosing pain** in AI/AN patients and **exercising safe opioid-prescribing practices.**

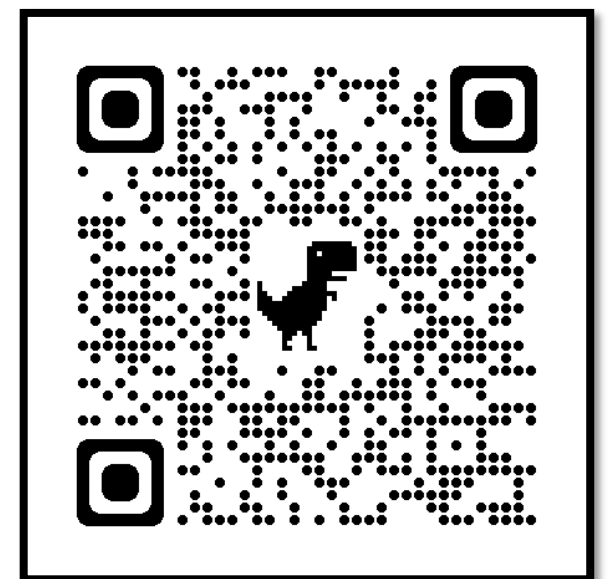
## Diversity Council Highlights

### APM EDI Assessment – Please complete before 11/30.

- Scan the QR code to complete the survey.

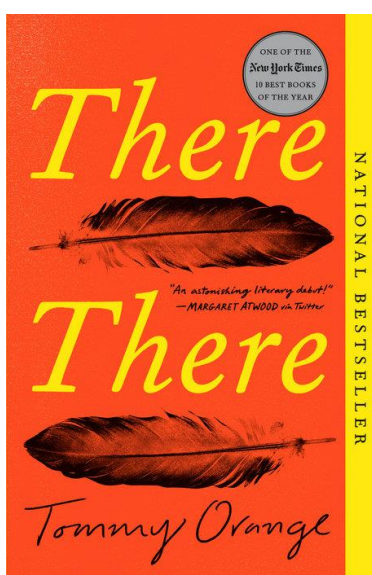
### Responding to Microaggressions Workshop - 10/27

- A special thank you to Drs. Gentry, Jimenez, Kooner, Roche, Muldowney, Ojo, Patrao, Cervantes and Chiem for leading discussions with our CA2s!

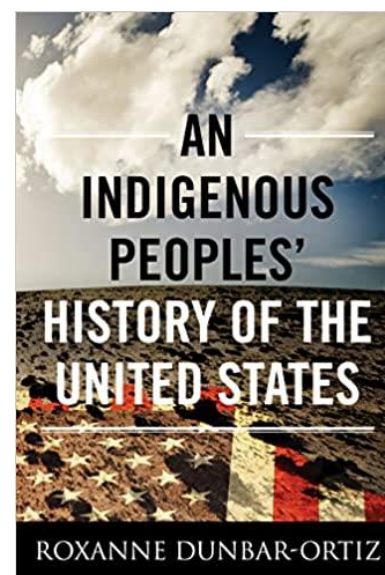


## Resources

### Recommended Reading:



[There There](#), Tommy Orange



[An Indigenous Peoples' History of the United States](#), Roxanne Dunbar-Ortiz

### Museums and Cultural Centers:

- [Duwamish Longhouse and Cultural Center](#)
- [Burke Museum, Northwest Native Art Exhibit](#)
  - **Virtual Event on 11/18: [Historical Trauma and the Native American Boarding School Experience](#)**
  - **Order Blackfeet fry bread, Indian tacos and daily specials from [Off the Rez Café and Food Truck](#), located in the museum.**