

Anesthesiology & Pain Medicine EDI Brief – March 2022

Asian Pacific American Heritage Month

Asian Pacific American Heritage Month

May was designated [Asian/Pacific American Heritage Month](#) to celebrate **Asian American, Native Hawaiian and Pacific Islander (AANHPI)** communities. May also commemorates **the first Japanese immigrations (May 7, 1843)** and **the completion of the transcontinental railroad**, the majority of which was built by Chinese immigrants (**May 10, 1869**).

AANHPI Communities, Safety, and the US Healthcare System

Limited English proficiency among individuals from **AANHPI communities** averages 34% but can range upwards of **40-50% for Cambodian and Vietnamese populations**. This language barrier, in addition to the lack of medical educational materials, leave these populations at risk for healthcare outcomes and research disparities. There is a long-standing history of racism against members of the AANHPI community in our country, which has been linked to pain, cardiovascular and other chronic health conditions. From a [2022 PEW survey](#), approximately **1/3** of Asian Americans have experienced verbal harassment, **1/4** have experienced workplace discrimination and **10%** have experienced physical assaults.

The model minority myth alongside xenophobia may prevent active advocacy for the AANHPI within DEI groups. **A more intentional and intersectional approach to address marginalization and oppression needs to be the focus point for DEI initiatives.**

Diversity Council Highlights

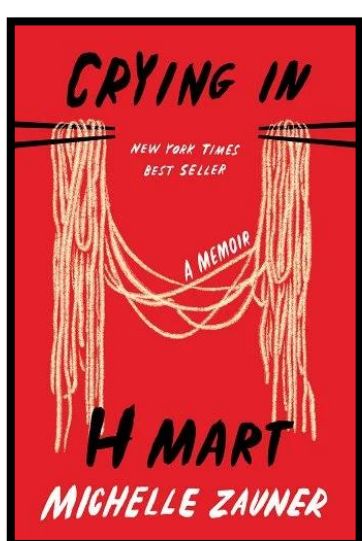
Doctor-For-A-Day – April 30

Thank you, Nathalia Jimenez, Remigio Roque, Bukola Ojo, Kishanee Haththotuwegama, and Courtni Salinas for delivering an unforgettable experience to Seattle students!

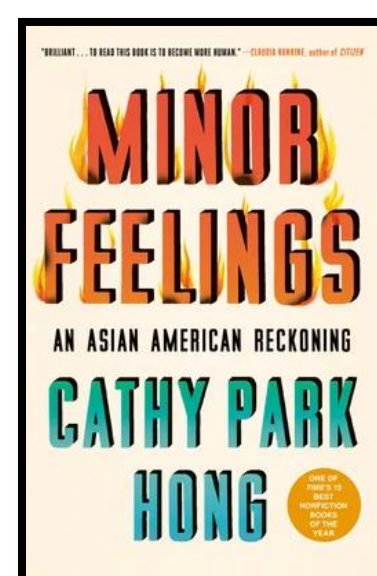


Resources

Recommended Reading:



[Crying in H Mart: A Memoir](#), Michelle Zauner



[Minor Feelings: An Asian American Reckoning](#), Cathy Park Hong

- [Seattle Asian Art Museum](#) – Check out their new exhibit, Embodied Change: South Asian Art Across Time.
- [Wing Luke Museum](#) – Redlining Heritage Trail Tour
- Try the AAPI Heritage Month Menu at [Living Room Bar in W Seattle](#)
 - Proceeds benefit the [Very Asian Foundation](#).