

# Anesthesiology & Pain Medicine EDI Brief – December 2022

## Human Rights Day

### Human Rights Day: Dignity, Freedom and Justice for All

Dignity should be intrinsic to the practice of medicine, as it places the patient at the center of all our efforts ([Szawarski P. J Intensive Care Soc. 2020](#)

[May;21\(2\):174-178](#)). Patients are to be included as partners, **and potentially leaders**, of their own care. Information about anesthesia and its associated risks should be provided as early as possible and be tailored to what **your** particular patient may regard as relevant when coming to a decision about available options. Remember, consent is an ongoing process: it may require repetition, discussion, and confirmation with appropriate documentation at every state. ([Yentis SM. Anaesthesia. 2017 Jan;72\(1\):93-105](#))

**Protocolized and pathway-driven medical care** enables consistent achievement of certain technical outcomes but often **does not account for the diverse values, cultural backgrounds, and life stages of patients**. In the perioperative period, rather than inquiring about procedure-specific (i.e. intubation) preferences, **a goal-directed resuscitation framework is recommended**. The patient can explain their goals and values, entrusting perioperative physicians to make specific decisions about which resuscitative measures are most likely to align with these goals as the case unfolds. **Patient perspectives deeply affect how likely a given intervention will be to improve their subjective quality of life.** ([Cushman T. Anesth Analg. 2021 Sep 1;133\(3\):663-675](#))

## Diversity Council Highlights

**Grand Rounds 1/4: Gender and Sexual Diversity**, presented by Remigio Roque, MD and Gary Barbour-See

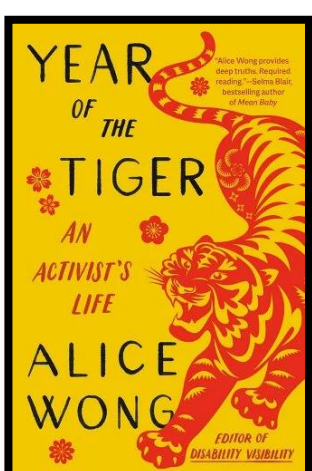
**Applications for SOAP Diversity & Inclusivity Grants open January 3**

- Learn more about requirements, processes, and timeline on the [SOAP D&I Mentored Grants page](#).

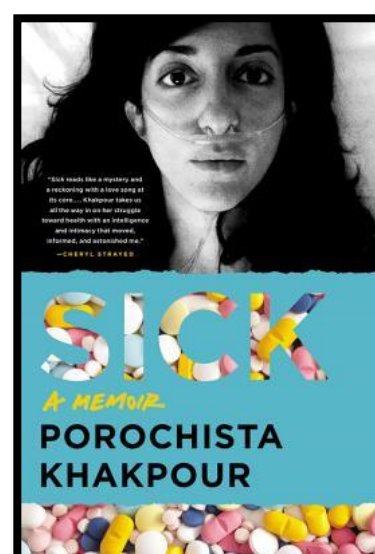


## Resources

### Recommended Reading:



[Year of the Tiger: An Activist's Life](#), Alice Wong, founder of the [Disability Visibility Project](#)



[Sick: A Memoir](#), Porochista Khakpour

A memoir of addiction, misdiagnosis, and chronic illness.