

Anesthesiology & Pain Medicine December EDI Brief

Human Rights Day – December 10
Winter Solstice – December 21

UN International Human Rights Day - EQUALITY

On December 10th, 1948, the UN General Assembly adopted the [Universal Declaration of Human Rights](#). Communities around the world have observed Human Rights Day for 73 years. The theme for 2021 relates to **reducing inequality and advancing human rights** in alignment with the 2030 Agenda.

“This includes addressing and finding solutions for deep-rooted forms of discrimination that have affected the most vulnerable people in societies, including women and girls, indigenous peoples, people of African descent, LGBTI people, migrants and people with disabilities, among others.”

Winter Solstice

Solstices symbolize **cultural heritage and millenary traditions**. Mutual respect, peace and good-neighborliness are reinforced by their celebration. The winter solstice (Yule) is the longest night of the year. Upon sunrise of the longest night of the year, the sun is said to be reborn. Given this, the most important part of the Yule celebration is light such as candles and bonfires.

The EDI Council is looking forward to 2022 and the many ways we can strengthen our already diverse department!

Diversity Council Highlights

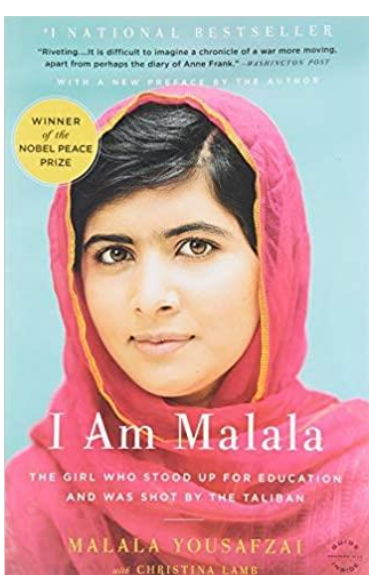
APM EDI Assessment Update:

- **43.8% of all faculty, residents and staff** completed the survey! **THANK YOU!**
 - **Faculty: 106** (43.2% of all full-time faculty)
 - **Residents: 40** (36.3% of all residents)
 - **Staff: 49** (54.4% of all staff)
 - A special thanks to APM staff for an amazing completion rate!

The EDI Council will share findings from the survey in early 2022.

Resources

Recommended Reading:



[*I am Malala*](#), Malala Yousafzai



[*March: Book One*](#), John Lewis

Register for the [Human Rights Day virtual event](#) hosted by the Seattle Human Rights Commission on **December 9th at 6:00pm**.

Visit the [UN's online exhibit](#), featuring **amateur and professional photographers** from around the world.